

GIRL SCOUTING BUILDS GIRLS OF COURAGE, CONFIDENCE AND CHARACTER, WHO MAKE THE WORLD A BETTER PLACE.

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PLEASE READ THE ENTIRE PACKET.

ALL camper forms must be completed in UltraCamp.

WELCOME TO THE GIRL SCOUT CAMPING ADVENTURE

FUN, FRIENDS, AND ADVENTURES AWAIT!

Girl Scout camp is the place to be this summer and we are excited to have your camper join us for fun outdoor adventures at Parsons Leadership Center!

Please use this packet to start conversations with your camper about her camp experience. What is she looking forward to? What does she need to get ready for camp? What are her concerns? This is also a great opportunity to answer these questions as a parent. The sooner those conversations start, the more comfortable you and your camper will feel as camp gets closer. Find more resources to prepare at www.campparents.org.

Girl Scout camp is a place for your camper to build character, gain leadership, HAVE FUN, and practice independence. We are looking forward to this, and so much more this summer. In the meantime, if you or your camper have any questions, please do not hesitate to contact us. We will be happy to discuss her upcoming experience.

See you this summer!

Crystal "Kitty" Dingott

Program Manager, Parsons Leadership Center

WHAT IS DAY CAMP?

Day Camp is a 5-day program for girls entering kindergarten through eighth grade. Parsons Leadership Center is a desert oasis right in your back yard—swim in the pool, shoot at the archery range, dance with happy feet, sing with loud voices, invent and explore in the STEM Lab, and use your imagination to create one-of-a-kind arts & crafts. Meet friends old and new, and join us on amazing field trips.

NEW - Day/Overnight Hybrid Camp Option

Can't decide between Day Camp or Overnight Camp?! Get the best of BOTH!!

Each week, all Day Campers 2nd grade and up have the <u>option to stay the night at camp at the end of the</u> <u>week!</u> Campers may choose to stay the night at camp on Thursday night of their session or they can choose to stay Wednesday AND Thursday night! At the time of registration simply select the 1-or 2-night Hybrid option.

OPEN HOUSE AND VISITORS

» May 26 4-8pm

Families are welcome to visit The Parsons Leadership Center on our open house days. We especially encourage first time campers and their parents to attend open house. It is the only time when families may tour the camp. For the safety of all campers, and so girls can enjoy their camping experience without distraction, we close the camp to visitors during the camp sessions. When you drop your camper off at camp, your access will be limited to the check-in area. A map to Parsons Leadership Center is found on the back page of this packet.

HEALTH PROCEDURES

Camp is staffed by a qualified medical personnel (RN, EMT, or LPN) known as the Health Supervisor. A local physician is on call at all times.

Parents/Guardians will be contacted if your camper:

- » Spends the night in the infirmary.
- » Needs to see a doctor or visit the emergency room.
- » Breaks the Camper Behavior Agreement.

Parents/Guardians may also be contacted in the following situations:

- » The Health Supervisor has a question regarding information supplied on your camper's Health History Form (medications, chronic health conditions, etc).
- » Camp staff needs your assistance/support regarding your camper's well-being.

All campers receive a health screening upon arrival at camp and the Health Supervisor verifies health information. Parents will be notified of any concerns.

Medication can only be left at camp if the medication:

- 1. Is in the original container,
- 2. Is labeled with the camper's name, physician's name and correct dosage,
- 3. Is prescribed for her by a physician, and
- 4. Includes detailed written instructions on the Camper Health History Form.

MEDICATION – Please **bring only prescription medication to camp**. Medication will be administered according to the prescribed instructions. *Emergency Medications such as Epinephrine or inhalers will remain with the camper at all times, and camp staff will know the specifics of that child's medical needs.*

HEAD LICE

If head lice are found during the health screening, the parent/guardian of the camper will be contacted to discuss options that best serve the camper and the camp community.

To avoid the challenge of discovering head lice at camp, please check-or have someone with experience check-your camper 7-10 days before arrival. This should provide ample time for treatment. Here are a few tips:

- » Finding lice can be difficult. There are many web resources for checking for lice. Here is one: www.cdc.gov/parasites/lice/head/diagnosis.html
- » If found, carefully treat hair and all belongings before coming to camp. Treat hair with a lice removal product, remove all nits and re-treat in seven days. Wash all of her bedding, pillows, hats, stuffed animals, bike helmet, sleeping bags, brush, comb and anything else her hair contacts-in hot water (130 degrees) and/or dry on high heat. Many children get re-infected from their own belongings.
- » Here are more treatment recommendations: www.cdc.gov/parasites/lice/head/treatment.html

HEALTHY CAMPERS

Because your camper will be joining a camp community and sharing the camp with 160 other campers, it is important that good practices like hand-washing and catching your sneezes are second nature.

For additional information please read the healthy camp update from the American Camping Association: http://www.acacamps.org/sites/default/files/images/parents/parentflyer.pdf

SAFETY IN THE SUN AND HEAT

At camp, we have two very common and preventable problems: SUNBURN and DEHYDRATION. Participants should bring and use non-aerosol sunscreen and chapstick with SPF 15 or greater.

Water is critical to our body's health. Everyone needs to drink at least three water bottles a day. A water bottle with a strap for carrying is recommended. At camp, we all drink one glass of water at meals before other beverages. Encourage your camper to get used to drinking water before she comes to camp.

EMERGENCY PROCEDURES

Parents will be contacted if there is an emergency that affects the camp community. Examples of emergencies include wildfire evacuation or other such occurrences. When these events occur, please do not call camp. You will be contacted by the Council office with information regarding next steps.

CAMP PROGRAM - WHAT TO EXPECT

Your camper is registered for a particular camp session for the grade level she will be entering in the fall. In addition to the activities listed in the program session she has registered for, all campers attending The Parsons Leadership Center will enjoy swimming, environmental education, arts & crafts, STEM and water activities. Girls entering 4th grade and older will participate in archery. Campers attending for 4 days or more will participate in a field trip. *All activities are weather permitting*.

Camp provides lunch, Gatorade/water, and snacks daily.

TYPICAL DAILY SCHEDULE - DAY CAMP

MONDAY THRU FRIDAY / 8:00AM - 4:30PM

| 7:30-8:30am | Check-in |
|------------------|--|
| 7:45am | Flag Ceremony |
| 8:00-9:00am | Morning Snack and settle in |
| 9:00am - 12:00pm | Activities |
| 12:30рм | Lunch |
| 1:30-2:00рм | Me Time (down time for campers to rest, write letters, hang out in cabins) |
| 2:00-4:00рм | Activities (Afternoon Snack at ЗРМ) |
| 4:30-5:30рм | Check-out |
| 5:30-6:30рм | Evening Snack (for campers attending Aftercare) |
| 6:30-7:30рм | Aftercare Check-out |

SPECIAL NEEDS

We are dedicated to serving ALL girls in our Council and accommodations can be made in many cases. Please contact the Camp Director for more information prior to registering. Please contact the Camp Director for campers with special heath care or mobility limitations. At that time you will be able to discuss the nature of your camper's needs and gather additional information to determine if the camp can provide the proper support, supervision, and necessary accommodations for a safe, fulfilling camp experience.

Please contact your Camp Director at least two weeks in advance if your child has any food allergies or special dietary needs. Some dietary needs can be accommodated (vegetarian, lactose-intolerant, etc.), and others cannot. Special diets may require the participant to bring some food to supplement the meals provided by camp. Although we cannot guarantee a peanut-free environment, we can ensure meals are peanut-free.

CHECK-IN & CHECK-OUT TIMES - DAY CAMP

CHECK-IN AT CAMP SITE

Please **do not** plan to arrive early, as the staff will be preparing for campers. Please have all forms completed online before your campers' session start date.

Please Note! ALL campers will be required to participate in a health screening on the first day of EACH WEEK (including campers attending multiple weeks). An adult is required to remain with their camper until her screening is complete.

- » CHECK-IN AT CAMP: 7:30-8:30AM
- » If you arrive early, you are encouraged to remain in your vehicle until check-in starts. Please do NOT tour the camp without an escort for safety purposes (for a tour of the facility, see Open House dates).
- » **BREAKFAST** Please eat breakfast prior to arrival each morning.
- Campers must be signed in by an adult each morning.
- » Drop-off is located at the east wing of the Learning Hall. Camp staff will be there to direct you.
- » On the first day of arrival, please submit medications and any forms not completed online.
- » Once kisses and hugs are done, your camper will be escorted by staff to join her group.

CHECK-OUT AT CAMP SITE

Pick-up is located in the same area as drop-off. Check-out will start immediately at 4:30PM daily.

- » CHECK-OUT AT CAMP: 4:30-5:30PM
- » Please do NOT tour the camp at this time without an escort for safety/stranger concerns.
- » Identification/driver's licenses are REQUIRED from adults picking up campers EACH DAY. For our campers' safety, only those persons indicated as authorized on the campers' UltraCamp account will be allowed to pick up campers.
- » Please remember to include carpool drivers on pick-up slip, if applicable.

PARKING – Staff will direct you to back in and show you where to begin check-in. Our camps do not have large parking areas. Please be patient as we try to squeeze the cars in.

TRADING POST - The Trading Post will be open during check-in and check-out.

LATE PICK-UP - Any late pick-ups will be subject to the full Aftercare fee (\$40/week).

TRANSPORTATION - DAY CAMP

Day campers have two transportation options:

- 1. Parents drive their campers to camp (see above times and procedures) OR
- 2. Register for bus transportation from one of three Valley locations.

The bus fee is \$100 per week round-trip and is non-refundable. One way is not available. Departure points are at Tatum and Cactus (Paradise Valley Mall), 119 E. Coronado Rd. (main GS office, downtown Phoenix) and Glendale Ave and 101 (Cabela's). You will receive a confirmation letter with more detailed information about transportation times and locations.

NOTE - We must have a minimum of 20 campers per bus. If minimums are not met, the bus MAY be canceled.

PARENT DROP-OFF AT BUS STOP IS 7:00AM

- » Bus pick up and camper check-in begins PROMPTLY at 7:00am. The bus will depart promptly at 7:15am it will not wait for any reason.
- » On the first day of arrival, please submit a completed transportation permission slip for entrance (included in this packet and on GS website.
- » If you miss the bus:
 - » You will be responsible for driving your camper to camp.
 - » No refunds are available for bus or day camp fees if the camper misses the bus.

VAN STOP DROP-OFF/PICK-UP 5:15-5:45PM

- » Afternoon traffic will be a factor so please plan accordingly. We will make every effort to ensure a timely afternoon arrival of the bus from Parsons Leadership Center.
- » Please arrive promptly at 5:15PM to ensure a smooth and speedy pick-up of your camper. She will be excited to share her experience with you!
- » Persons picking up camper will be required to show a photo ID and sign camper out.

Campers attending Aftercare are not eligible for bus transportation.

LATE ARRIVALS AND EARLY DEPARTURES

If you or your camper will be arriving late, contact the camp office prior to arrival. Please report to the camp office upon arrival.

If your camper will need to leave early for any reason, notify the camp office during check-in.

For your camper's safety, our gate remains closed during our camp session; without prior notification, you will not be able to enter the property. You will need to report to the camp office to pick up your camper.

Please Note! Early pick up between 4-4:30 is NOT available as we are preparing to begin evening check-out.

CONTACT INFORMATION

You will find a map and driving directions located in this packet. We do not recommend the use of mapping websites such as MapQuest or Google since they often do not provide accurate directions to our facility. If you need directions please contact the council office at 602-452-7000.

Campers are not allowed to make or receive phone calls while at camp.

Crystal Dingott, Program Manager Before May 16: 602-452-7145 or 800-352-6133 After May 16: 602-452-7125 cdingott@girlscoutsaz.org THE BOB AND RENEE PARSONS LEADERSHIP CENTER FOR GIRLS AND WOMEN AT CAMP SOUTH MOUNTAIN

1611 E. Dobbins Road Phoenix, Arizona 85040-8501 602-452-7125 gsparsonsleadershipcenter@girlscoutsaz.org

THE PARSONS LEADERSHIP CENTER AT CAMP SOUTH MOUNTAIN FACEBOOK

Check out The Parsons Leadership Centers' Parent and Camper Facebook page!

» www.facebook.com/gsacpcparsons/

LOST & FOUND

All lost & found items will be held for two weeks at the Council office after close of the camp session. All items not claimed within two weeks of session closing will be donated to local charities.

THINGS TO WEAR & BRING

5-DAY DAY CAMP

Campers are responsible for all items brought to camp. Label everything – especially water bottles, hats and day packs. We recommend that you leave any items you consider to be irreplaceable or valuable at home. Girl Scouts–Arizona Cactus-Pine Council (GSACPC). is not responsible for lost, damaged or stolen items. And don't forget - all campers SWIM EVERYDAY!

| | t-shirt | | swimsuit | | □ nametag | | | |
|------|--|--|--------------|--|-----------------------------------|--|--|--|
| | shorts OR pants | | water shoes | | (FOR RETURNING CAMPERS) | | | |
| | socks AND closed-toe shoes | | hat OR visor | | | | | |
| PERS | PERSONAL CARE PLEASE PUT ALL ITEMS IN A DAY PACK | | | | | | | |
| | □ sunscreen AND lip balm – SPF 15 or higher | | | | daypack / backpack | | | |
| | water bottle with a shoulder strap | | | | bandana | | | |
| |] sunglasses | | | | camera, film (phones not allowed) | | | |
| | | | | | | | | |

DO NOT SEND

- » radios, iPods OR other music players
- » phones
- » video games or video cameras
- » gum, candy or other food items
- » laptops or portable DVD players
- » snacks with nuts
- » pets

- » personal sporting OR riding equipment (CLIMBING HARNESS, HELMET, BOW/ARROWS, TACK)
- » tobacco, non-prescription, illegal drugs, alcohol
- » expensive name-brand articles
- » matches or candles
- » irreplaceable Items
- » anything with wi-fi or video taking capabilities

DRESSING UP FOR "THEME WEEKS" @ CAMP

All of our camps share the same "theme week". The theme is relevant to the camper's experience through All-camp and my-choice activities. Campers may choose to bring items to dress up relating to the theme and the week that they are attending camp. **No need to purchase items – it is not required that campers dress up.**

See below for the themes and ideas of what campers might wear/bring for dressing up.

| | WEEK | THEME | IDEAS |
|---|------------------|-------------------|--|
| 1 | June 4-8 | Knights & Dragons | Medieval clothing - princess gown, knights outfit, jester, etc. |
| 2 | June 11-15 | Outta this World | Astronaut suit, anti-gravity boots, antennae, outer space theme clothing, etc. |
| 3 | June 18-22 | World of Girls | Your own culture's dress or one you admire |
| 4 | June 25-29 | Wonderland | Alice in wonderland theme - mad hatter, bright clothing, small hat, polka dots, rabbit, etc. |
| 5 | July 5-7 | Western | Boots, button-ups, hats, buckles, etc. |
| 6 | July 9-13 | Camp Carnival | Bright baggy clothing, clown nose, any clothing item related to a circus/carnival |
| 7 | July 16-20 | The Mighty Jungle | Animal tail or mask or clothing |
| 8 | July 23-27 | Treasure Hunt | Vest, steam-punk clothing, adventure tour items, etc. |
| 9 | July 30-August 1 | Beach Party | Leis, sunhats, sunglasses, beach ball, etc. |



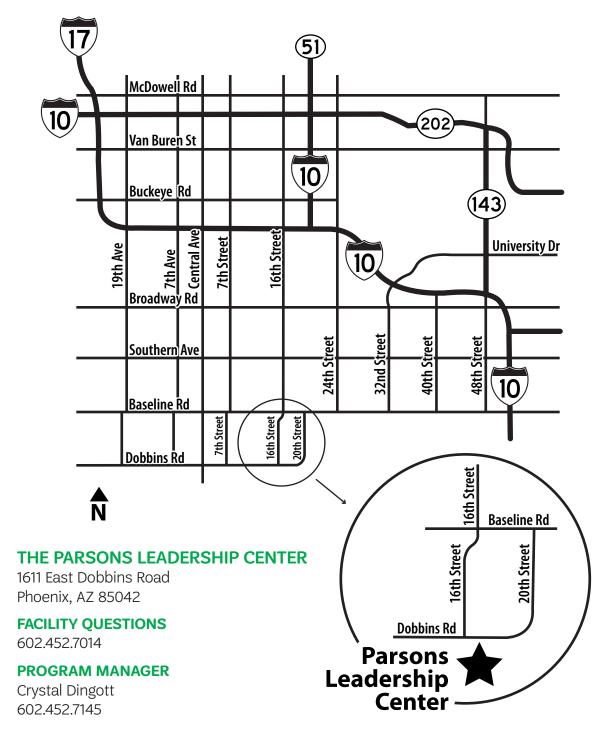
TRANSPORTATION PERMISSION & HEALTH HISTORY

| 1 CAMPER CAMPERS FULL NAME INFORMATION | | | | | | | | GRADE | |
|---|-------------------------------|--|----------------|---------------|--------------|----------------|-----------|-----------------|--|
| □ Camp Maripai □ Parsons Leadership SESSION NAME □ Shadow Rim Ranch □ Willow Springs | | | | | | DATE | | | |
| PARENT/GUARDIA | AN | | | | | RELATIONS | HIP | | |
| DAY PHONE | | | CELL PHON | NE | | | | | |
| BUS LOCATION | □ Central □ North | □ West □ Paradise Valley | □ Fountain I | Hills 1 | □ Other | | | | |
| 2 HEALTH | Check all that a | apply. | | | | | | | |
| CHRONIC/RECU | RRING ILLNESS | ALLERGIES - specify nature of reaction | OTHER CO | NDITIONS | | | | | |
| □ Asthma | ☐ Bleeding/Clotting Disorders | ☐ Hay Fever | □ Bedwettir | ng | □ Brace | es/Retainers | □С | onstipation | |
| □ Diabetes | ☐ Heart Defect/Disease | □ Insect Stings | □ Contact L | enses/Glasse | s 🗆 Emot | ional Disturba | ance 🗆 Fa | ainting | |
| □ Ear Infections | ☐ Hypertension | □ Penicillin | □ Frequent | | □ Heari | ng Impairmer | nts 🗆 N | enstrual Cramps | |
| □ Seizures | ☐ Musculoskeletal Disorder | □ Food (specify) | ☐ Motion Si | | □ Nose | bleeds | | eepwalker | |
| □ Other | | □ Other (specify) | ☐ Special Di | iet | | | 0 | ther | |
| The following inf | ormation is commonly reque | ested by the emergency treatment fac | cility - 🗆 Te | tanus Booster | (dT) or (Tda | aP) | (mm/ | уу) | |
| She needs or may need any of the following medications, i.e. inhaler, Epipen, dietary needs, or specific accommodations during her activity participation with her troop or individually: (Write "NONE" if there are none.) Physicians, nurses, health professionals or first aiders MAY NOT administer the following medicines or treatments: (Write "NONE" if there are no restrictions.) SEMERGENCY CONTACT If the parent/guardian cannot be reached, the following person is authorized to act on their behalf. NAME PHONE CELL PHONE | | | | | | | | | |
| ADDRESS | | | CITY | | | · | ZIP | | |
| AUTHORIZATION STATEMENT I give my permission for my daughter to be transported out of camp for program activities and medical treatment, if necessary. I also give my permission for my daughter to receive medical treatment in case of injury or illness en route to, from or during camp. SIGNATURE OF PARENT/GUARDIAN DATE | | | | | | | | | |
| NAME OF DOCTOR/HEATHCARE PROVIDER | | | | | PHONE | | | | |
| NAME OF INSURA | | | POLICY/GROUP # | | | | | | |
| I AUTHORIZE THE PERSON(S) LISTED BELOW TO PICK UP MY CHILD FROM CAMP OR THE BUS STOP. FULL NAME | | | | | | RELATIONSHIP | | | |
| SIGNATURE AT TIME OF PICK-UP | | | | | | DAY PHONE | | | |



THE PARSONS LEADERSHIP CENTER

ROAD MAP & DIRECTIONS



Drive south on 16th Street (towards South Mountain) to Dobbins. At Dobbins, turn left and you will see The Parsons Leadership Center.t



THE PARSONS LEADERSHIP CENTER SITE MAP

Dobbins Road Campanile 0 **ENTRANCE** Council GATE Shop Maintenance Building Ρ **ENTRANCE** Volunteer GATE Resource Center Campground Ρ Labyrinth Nature Trail Leadership Center East Campground Leadership Center West Flagpole Activity CG Cabins B1-3 Building Campground Play Pool Field Campground Cabins B4-6 Activity Campground Building Campground Cabins B7-9 Elevated Aquatic Firepit Cabins B10-12 Center Amphitheater Labyrinth (Activity Building Campground Open Air Cabins B13-15 **Parking** Ramada Main Fire 🕻 Promise **Off-Limits** Circle Trail Archery CG Range Campground Miners Huts Road **Building Foot Bridge Trail** Unit